

Title: 2025-2026 School Year Wellness Intern

I. Job Summary

The Wellness Intern is a core leader within the department who oversees student wellness programming and education. This individual works with the Director as well as the Student Wellness Team to provide a comprehensive wellness program to the student body. This person works to develop and carry out all student wellness programs.

II. Job Relationship

- Responsible to and supervised by: Director, Recreation & Wellness

III. Responsibilities

- Conduct program preparation for all student wellness programs.
- Market all student wellness programs.
- Maintain the wellness social media accounts.
- Promote CampusWell monthly educational materials through social media, printed materials, and on digital display across campus.
- Update the showcase monthly in the Wellness Break Area which reflects the monthly challenge.
- Display signs and set out educational materials related to the awareness month.
- Aid in content development for Wellness While You Go.
- Utilize survey and feedback data to develop programs for the following school year/semester.
- Attend all student wellness events, where you would assist as needed and take photos.
- Serve as a core leader within the Student Wellness Team.
- Assist in preparing materials for employee wellness programs.
- Continue to build and grow wellness program.
- Serve on the Eagle Well University Committee.

IV. Position Qualifications

- Prior experience in a campus wellness recommended.
- Certified Peer Educator recommended (*training available upon hire*).
- Desire to grow in campus wellness.
- Supervisory experience preferred.
- Standard First Aid, CPR and AED certification current at the time of hire is preferred.
- Must have prior authorization to work in the United States without employer sponsorship.

V. General

- Research current trends and make suggestions for future implementations.
- Present self as a professional both in appearance and attitude.
- Promote Recreation and Wellness.
- Attend 1:1 meetings with supervisor(s) as scheduled.
- Maintain an average of 8 hours/week of office work, in addition to attending student wellness events.

VI. Benefits

- Compensated hourly wage of \$11.70/hr for working during internship.
- Travel with professional staff & students to professional conferences.

Application Process

For full consideration, interested applicants should submit resume, cover letter, and 3 references by Thursday, March 6, 2025 via email to recwell@ashland.edu

Questions can be directed to recwell@ashland.edu or to Janel Molnar at 419.207.6172